

DISCOVER A WORLD OF GOODNESS™

Introducing SOJO™ seafood cakes!

Ethnically inspired cakes formulated to offer distinctive flavors from around the world using ingredients that are true to nature's sources. Each package contains two vacuum packed cakes paired with a pouch of traditional ethnic sauce to compliment the meal occasion.

Consumers will enjoy their taste discovery while finding a convenient way to increase healthy seafood consumption. SOJO™ seafood cakes use only wild seafood with wholesome ingredients that contain no artificial colors, flavors and preservatives.

All varieties are rich in protein, contain low or no saturated fat, no transfat, and provide EPA and DHA Omega – 3 fatty acids. Each SOJO™ seafood cakes contains over 50% wild sourced fish protein (no farm raised products), no eggs, batter or breading.

For ordering information please contact:

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Pan-Asian Salmon Cakes: Wild Alaskan Salmon, Pacific Snapper, French bread crumbs (enriched flour, water, sunflower oil and or palm oil, sugar, yeast, salt, ascorbic acid and enzymes), ginger puree, red bell pepper, celery, yellow bell pepper, garlic, toasted sesame oil, garlic, green zucchini, soy sauce (water, wheat, soybeans, salt, white vinegar, sugar, garlic, chili paste, salt, soybean oil) green onion, potato, sugar, dehydrated garlic granules, salt, white pepper, guar gum.

Teriyaki Sauce: soy sauce (water, wheat, soybeans, salt), sugar, water, food starch, garlic, spices, salt, rice vinegar, dehydrated onions.



Caribbean Shrimp Cakes: Wild Pacific Shrimp, potato, French bread crumbs (enriched flour, water, sunflower oil and or palm oil, sugar, yeast, salt, ascorbic acid and enzymes) Wild Alaskan salmon, Pacific Snapper, red pepper, Jamaican Jerk sauces (habanera peppers, thyme, curry powder, allspice, nutmeg, maltodextrin, corn, line juice solids, rye, mustard flour), lemon juice, green onion, celery, garlic, parsley, soybean oil, sugar, guar gum, black pepper, salt, water, onion powder, white pepper.

Jamaican Pepper Sauce: water, sugar, soy sauce (water, wheat, soybeans, salt), crusted pineapple, vinegar, molasses, food starch, spices, apple juice concentrate, salt, dehydrated garlic, dehydrated onion, xanthan gum.



Fiesta Cod Cakes: Wild Alaskan True Cod, Alaskan wild Salmon, Pacific Snapper, French bread crumbs (enriched flour, water, sunflower oil and or palm oil, sugar, yeast, salt, ascorbic acid and enzymes), potato, tomato, black beans, corn, anaheim peppers, garlic, jalapeno pepper, salt, sugar, cilantro, spices, white pepper, water, guar gum.

Mexican Chipotle Sauce: water, chipotle peppers, green chiles, tomato paste, garlic puree, sugar, ancho peppers, food starch, cumin, salt, dehydrated chili peppers, chicken flavored broth (salt, maltodextrin, sugar, hydrolyzed vegetable protein, onion, sunflower oil, spice extractives, garlic, pepper, natural flavors, citric acid) dehydrated onions.



Thai Tuna Cakes: Wild Pacific Albacore Tuna, Wild Alaskan Salmon, Pacific Snapper, water, French bread crumbs (enriched flour, water, sunflower oil and or palm oil, sugar, yeast, salt, ascorbic acid and enzymes), potato, red onion, red bell pepper, sweet chili sauce (water, sugar, red chili, garlic, salt, xanthan gum), lime juice powder, orange bell pepper, yellow zucchini, ginger puree, garlic, celery, sugar, cilantro, salt, spice, white pepper, chili pepper, guar gum.

Chili Peanut Sauce: water, sugar, peanut butter (roasted peanuts, sugar, hydrogenated vegetable oil (rapeseed, cottonseed, soybean) salt) soy sauce (water, wheat, soybeans, salt) rice vinegar, miso (water, soybeans, cultured rice, salt), mirin (water, dextrose, sake[rice extract, salt]), lactic and succinic acids), food starch, spices, dehydrated garlic, ascorbic acid, xanthan gum, soy lecithin.

Nutrition Facts	
Serving Size 4.5 oz (128g)	
Servings Per Container	
Amount Per Serving	
Calories 180	Calories from Fat 35
% Daily Value*	
Total Fat 3.5g	6%
Saturated Fat 0.5g	3%
Cholesterol 35mg	12%
Sodium 500mg	21%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	6%
Sugars 14g	
Protein 17g	
Vitamin A 6%	Vitamin C 20%
Calcium 4%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Nutrition Facts	
Serving Size 4.5 oz (128g)	
Servings Per Container	
Amount Per Serving	
Calories 230	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Cholesterol 100mg	33%
Sodium 470mg	19%
Total Carbohydrate 36g	12%
Dietary Fiber 3g	13%
Sugars 10g	
Protein 15g	
Vitamin A 20%	Vitamin C 20%
Calcium 4%	Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Nutrition Facts	
Serving Size 4.5 oz (128g)	
Servings Per Container	
Amount Per Serving	
Calories 120	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Cholesterol 25mg	8%
Sodium 470mg	19%
Total Carbohydrate 16g	5%
Dietary Fiber 5g	19%
Sugars 3g	
Protein 13g	
Vitamin A 20%	Vitamin C 20%
Calcium 2%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Nutrition Facts	
Serving Size 4.5 oz (128g)	
Servings Per Container	
Amount Per Serving	
Calories 200	Calories from Fat 60
% Daily Value*	
Total Fat 6g	10%
Saturated Fat 1g	4%
Cholesterol 25mg	8%
Sodium 490mg	20%
Total Carbohydrate 20g	7%
Dietary Fiber 3g	10%
Sugars 7g	
Protein 17g	
Vitamin A 10%	Vitamin C 20%
Calcium 6%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	